Resolving “APP” Display During Moto Watch 100 Firmware Upgrade

Inas B. - 2025-10-08 - Troubleshooting & Setup

If your Moto Watch 100 gets stuck showing **“APP”** during a firmware upgrade, don’t worry — follow these steps to get it back on track:

1. **Fully Discharge and Recharge the Watch**
   - Let your watch battery drain completely until it powers off.
   - Once off, recharge it fully before attempting the update again.
2. **Disconnect and Forget the Watch**
   - Open your phone’s Bluetooth settings.
   - Disconnect the Moto Watch 100 and choose **“Forget Device”** to clear previous connections.
3. **Reconnect and Retry Update**
   - After fully charging, reconnect your watch to your phone.
   - Try running the firmware update again through the Moto Watch app.
4. **Optimize Battery Settings for the App**
   - On your phone, go to **Battery Settings → Moto Watch app**.
   - Select **“Always allow”** for battery usage.

By following these steps, your watch should maintain a stable connection during the firmware upgrade, and the update should complete successfully.