Medical Precautions for Moto Watch 120

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If you have an implantable pacemaker, defibrillator, or other medical device, follow these precautions before using the Moto Watch 120. Always consult your healthcare provider and follow the medical device manufacturer's guidelines.

Precautions for Persons with Pacemakers or Defibrillators

Maintain Distance
Keep the watch at least **20 centimeters (8 inches)** away from your pacemaker or defibrillator when the watch is turned on.

Immediate Action
If you suspect interference, **turn off the watch immediately**.

Additional Precautions

Magnetic Fields
Do not place the watch directly on medical devices or near areas with magnets (such as certain implants) to avoid possible disruption.

Heart Rate Monitoring
The Moto Watch 120 includes a heart rate sensor, but it is **not a medical-grade device**. Do not rely on it for monitoring serious health conditions. Always use **clinically approved devices** as directed by your healthcare provider.

Monitor for Discomfort
If you experience discomfort, unusual symptoms, or interference with implanted medical devices, **stop using the watch immediately** and consult your healthcare provider.

General Safety Considerations

Consult Your Healthcare Provider
Before using the Moto Watch 120 or any wearable device, consult your healthcare provider, especially if you have medical conditions or use medical devices.

Keep the Watch Clean
Regularly clean your watch to prevent the buildup of bacteria or debris, particularly if it comes into contact with medical devices or sensitive skin areas.

Following these precautions helps ensure your safety while using the Moto Watch 120.