Care & Maintenance for Moto Watch 120

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To keep your Moto Watch 120 performing at its best, follow these comprehensive care and maintenance guidelines. Proper handling will help extend its lifespan and ensure reliable performance.

Cleaning Instructions

Regular Cleaning
Periodically clean your watch and strap to remove dirt, sweat, and residues. Use **lukewarm water** and a **soft microfiber cloth**. This preserves both hygiene and appearance.

Drying
After cleaning, gently dry the watch with a **soft, dry cloth**. Avoid rubbing, which can cause scratches. Make sure the watch is completely dry before charging or wearing it again.

Avoid Chemicals
Do not use shampoo, soap, or other chemical cleaners. These may irritate your skin or damage the watch, including the display or sensors. Use only water and a microfiber cloth.

Screen Protection
Fingerprints or smudges may affect visibility. Clean the screen gently with a microfiber cloth to maintain clarity.

After Workouts

Wipe After Exercise
Dry your wrist and the watch with a cloth or tissue after workouts. Sweat can affect sensors and performance and may cause discomfort or bacterial growth.

Band Care
Leather straps are sensitive to sweat. Wipe them dry after each workout and allow them to fully dry before wearing again. Silicone bands should be cleaned regularly to prevent buildup of dirt.

Avoiding Moisture Exposure

Hot Showers or Saunas
Remove the watch before showers or saunas. Excessive steam may compromise water resistance and affect touchscreen performance.

Swimming & Submersion
Although rated **IP67** (up to 1 meter for 30 minutes), avoid high-pressure water environments like diving or water sports. Repeated exposure may weaken seals and cause damage.

Storage & Usage Considerations

Avoid Extreme Temperatures
Keep your watch away from extreme heat or cold. Avoid prolonged direct sunlight and storage in freezing conditions to protect battery life and internal components.

Prevent Scratches
Avoid contact with sharp objects or rough surfaces. Store the watch in a soft pouch or safe surface when not in use.

Avoid Heavy Impacts
The watch is designed for everyday activities but not heavy impacts. Avoid dropping or hitting hard surfaces.

Band Care
Keep silicone and leather bands clean and dry. Leather should not be exposed to excessive moisture, while silicone should be cleaned regularly.

Battery Care

Avoid Full Discharge
Keep battery levels between 20% and 80% for optimal lifespan. Avoid letting the battery drop to 0% regularly.

Charging Practices
Use only the approved charging cable and adapter. Ensure the port is clean and dry before charging. Unplug once fully charged to maintain longevity.

General Tips for Longevity

Update Software Regularly
Keep your watch on the latest software version for performance, new features, and bug fixes.

Perform Regular Resets
Restart the watch if performance issues arise. For persistent problems, consider a factory reset after backing up data.

Protect from External Interference
Avoid strong magnetic fields or electronics that could disrupt sensors or phone connectivity.

Following these guidelines ensures your Moto Watch 120 remains in excellent condition for reliable performance over the years.