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# How to Adjust Vibration Intensity on Your Moto Watch 40

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You can easily customize the vibration strength on your **Moto Watch 40** to suit your preferences. Follow these steps:

## Steps to Adjust Vibration Intensity

- 1. Access the Menu**  
Swipe right on the watch face to open the menu.
- 2. Go to Settings**  
Scroll through the menu and tap **Settings**.
- 3. Select Vibrations**  
Find the **Vibrations** option and tap it.
- 4. Choose Intensity**  
You'll see three levels: **Low**, **Medium**, and **High**.  
Select your preferred level to set the vibration strength for notifications.

Customizing the vibration allows your watch to provide feedback that fits your daily routine and comfort.