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Mastering Wrist Gestures on Your Moto 360 (Gen 3)

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Your Moto 360 (Gen 3) comes with intuitive wrist gestures that let you interact with your smartwatch **without touching the screen**. From opening notifications to scrolling messages, these gestures make your experience effortless and efficient.

Activating or Deactivating Wrist Gestures

1. Open Quick Settings:

- Swipe down from the watch face to reveal Quick Settings.

2. Access Gesture Settings:

- Tap **Settings**, then select **Gestures**.

3. Toggle Wrist Gestures:

- Find **Wrist Gestures** and switch it **ON** or **OFF** according to your preference.

4. Launch Tutorial (Optional):

- Tap **Launch Tutorial** to learn about all the available hand gestures.

Note: Using wrist gestures may slightly reduce battery life due to constant motion detection.

Using Wrist Gestures

- **Wake the Screen:** Tilt your watch face toward you to activate the screen.
- **Open Notifications:** Flick your wrist outward, then slowly bring it back toward yourself.
- **Scroll Through Messages:**
 - Flick away and return toward you to go to the next message.
 - Flick toward and return slowly to scroll up.
- **Discover More Shortcuts:** Visit the Wear OS support page for a full list of wrist gesture shortcuts.

Harnessing wrist gestures on your Moto 360 allows for **hands-free control** and faster interactions. Explore these gestures to make your smartwatch experience smoother, smarter, and more intuitive.