Moto360 Calorie Tracking with Lifesum

Inas B. - 2025-10-13 - [Product Features](#)

Track your calories effortlessly on your Moto360 with the Lifesum app. Here's how to get the most out of it.

Calorie Tracking with Lifesum

- **Lifesum** is a third-party app compatible with Moto360 for easy calorie tracking.

- Your **daily calorie goal** is displayed prominently on your wrist.

- Use the **plus (+) button** to log meals, water intake, snacks, and more.

Circular Green Progress Bar

- As you log your food and water, a **circular green progress bar** fills up.

- This visual tracker helps you stay on top of your calorie goals.

Connecting Lifesum with Google Fit

1. Open **Progress** in the Lifesum app (bottom tab in Diary).

2. Go to **Profile → Settings** (gear icon).

3. Enable **Automatic Tracking**.

4. Connect to **Google Fit**:

   - Tap the green **Connect** button and follow the on-screen instructions.

Note: Make sure Google Fit is installed on your device before connecting.

With Lifesum on your Moto360, calorie tracking becomes seamless and convenient. For more detailed instructions or troubleshooting, check Lifesum support or contact customer service.