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Navigating with Your Moto Watch 70

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The Moto Watch 70 features a responsive LCD touch screen and a side button for easy navigation. Here's how to use both effectively:

Touch Screen Navigation:

- **Swipe Down** from the watch face to check battery level and access quick settings.
- **Swipe Up** from the watch face to view notifications.
- **Swipe Left/Right** to browse app widgets such as steps, distance, calories burned, heart rate, sleep data, weather, breathing exercises, music controls, and the main menu.

Button Navigation:

- **Long Press (3+ seconds)** when the watch is off → Power on the device.
- **Long Press (3+ seconds)** when the watch is on → Access the power-off menu.
- **Short Press** when the screen is off → Wake the display.
- **During an activity**, a short press → Pause the activity and display the pause screen.

This intuitive system allows you to quickly and efficiently access all features on your Moto Watch 70.