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# Resolving “APP” Display During Moto Watch 100 Firmware Upgrade

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If your Moto Watch 100 gets stuck showing “APP” during a firmware upgrade, don’t worry — follow these steps to get it back on track:

## 1. Fully Discharge and Recharge the Watch

- Let your watch battery drain completely until it powers off.
- Once off, recharge it fully before attempting the update again.

## 2. Disconnect and Forget the Watch

- Open your phone’s Bluetooth settings.
- Disconnect the Moto Watch 100 and choose “**Forget Device**” to clear previous connections.

## 3. Reconnect and Retry Update

- After fully charging, reconnect your watch to your phone.
- Try running the firmware update again through the Moto Watch app.

## 4. Optimize Battery Settings for the App

- On your phone, go to **Battery Settings** → **Moto Watch app**.
- Select “**Always allow**” for battery usage.

By following these steps, your watch should maintain a stable connection during the firmware upgrade, and the update should complete successfully.