Stopwatch and Timer Functions on the Moto Watch 40

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The **Moto Watch 40** comes with two convenient tools for managing your time: **Stopwatch** and **Timer**. Whether you're exercising, cooking, or keeping track of tasks, these functions are easy to access and use.

Stopwatch

How to Use:

1. **Open the Menu:** From the main menu, tap **"Function."**
2. **Select Stopwatch:** Tap **"Stopwatch"** in the sub-menu.
3. **Start or Resume:** Tap the **Play** button to start or continue timing.
4. **Pause:** Tap **Pause** to temporarily stop the stopwatch.
5. **Reset:** While paused, tap **Reset** to set the stopwatch back to zero.

Timer

How to Use:

1. **Open the Menu:** From the main menu, tap **"Function."**
2. **Select Timer:** Tap **"Timer"** in the sub-menu.
3. **Choose a Pre-set Time:** Select 1, 3, 5, 10, 15, 20, 30, or 60 minutes.
4. **Set a Custom Timer:** Tap the **+** icon to enter a custom countdown, then press **Play** to start.

Both features provide a simple and effective way to manage your time directly from your Moto Watch 40.