Syncing Issues with Moto Watch 70: How to Fix

Inas B. - 2025-10-08 - Troubleshooting & Setup

If your Moto Watch 70 is not syncing with your phone, follow these steps:

Step 1: Check Bluetooth Connection

- Ensure Bluetooth is enabled on your phone.
- Important: Do **not** connect your watch directly through your phone's Bluetooth settings. Always use the Moto Watch Lite app to pair the devices.

Step 2: Restart Your Devices

- Restart your phone.
- Reboot your Moto Watch 70 to refresh the connection.

Step 3: Check the Moto Watch Lite App

- Ensure the app is updated to the latest version.
- Open the app and confirm that your Moto Watch 70 appears under "My Devices."

Step 4: Re-pair Your Devices

- Open the Moto Watch Lite app.
- Remove your Moto Watch 70 from the device list.
- Follow the pairing instructions in the app to reconnect the watch.

Step 5: Check App Permissions

- Make sure the Moto Watch Lite app has all necessary permissions to access Bluetooth and sync data.

Step 6: Reboot and Try Again

- Restart both your phone and your watch one more time to reset the connection.

If your watch still doesn't sync, consider performing a reset on the watch (see **Reset Your Watch**).