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# Understanding Moto360 Battery Life

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**Enjoy a full day without worrying about running out of power.** The 3rd Gen Moto360 features a **355 mAh battery**, which typically lasts **24 hours under normal use**.

## Extended Usage Tips:

- Activate **Time Only Mode** to extend battery life up to **3 days**.
- Adjust **screen brightness and always-on display settings** to conserve power.
- Limit **background apps and notifications** for optimal efficiency.

□ **Tip:** Checking battery status on the Wear OS app helps you plan your day and avoid surprises.