



[Knowledgebase](#) > [Moto360](#) > [Product Features](#) > [Understanding Moto360 Battery Life](#)

## Understanding Moto360 Battery Life

Inas B. - 2025-10-08 - [Product Features](#)

**Enjoy a full day without worrying about running out of power.** The 3rd Gen Moto360 features a **355 mAh** battery, which typically lasts **24 hours under normal use**.

### Extended Usage Tips:

- Activate **Time Only Mode** to extend battery life up to **3 days**.
- Adjust **screen brightness and always-on display settings** to conserve power.
- Limit **background apps and notifications** for optimal efficiency.

**Tip:** Checking battery status on the Wear OS app helps you plan your day and avoid surprises.